



South Carolina

What's Inside My Health Toolkit[®]



www.SouthCarolinaBlues.com

What's My Health Toolkit?

Your BlueCross BlueShield of South Carolina membership comes with a My Health Toolkit account. My Health Toolkit is an online destination personalized with information and resources to help you get the most out of your benefits.

This guide shows you where to find popular resources and answers to common questions. We recommend keeping it at your desk or by a computer, so it's available when you need it.



Member Login

My Health Toolkit®

[Forgot Username?](#) [Forgot Password?](#)



South Carolina

Create Your Profile

* Required

Member Information

Enter your Insurance Card Number and your Date of Birth to begin the registration process.

[Haven't received your insurance card?](#)

* Insurance Card Number:

ABC123456789

* Your Date of Birth:

mm/dd/yyyy

Member Name

JOHN & PUBLIC

Member ID

ABC123456789

By clicking Continue, you agree to the [Website Usage Agreement](#).

How to Register

Step one: Go to www.SouthCarolinaBlues.com and select “Register Now.”

Step two: Enter the Member ID located on the front of your insurance card and your date of birth.

Step three: Choose a username and password. You will also select a security question and answer. If you ever forget your username or password, you will be asked to answer the security question instead.

Step four: To complete registration, tell us how you’d like to receive your explanation of benefits (EOB). We recommend going paperless!



Welcome, MICHAEL T TESTING (Log Out)

You have no unread messages. Go to Message Center | Ask Customer Service

Family List

Health Dental

MICHAEL TESTING

10/01/1958

MARTHA TESTING

09/01/1960

TERRI R TESTING

10/01/2002

Insurance Card

Health Insurance Card Number:

ZCZ065922516805

Dental Insurance Card Number:

ZCZ065922516805

Quick Links

Rally @

Personal Health Record @

Find a Doctor or Hospital

Rate Your Visit

Benefits and Claims

Printer-Friendly

Viewing information for MICHAEL TESTING:

Health Benefits

Deductible

	Maximum	Applied	Remaining
Individual	\$250.00	\$0.00	\$250.00
Family	\$500.00	\$0.00	\$500.00

Out Of Pocket

	Maximum	Applied	Remaining
Individual	\$750.00	\$0.00	\$750.00
Family	\$1,500.00	\$0.00	\$1,500.00

View Benefits Detail

Health Claims

Recent Health Claims

There are no claims on file.

HERE'S A SIMPLIFIED WAY TO TALK ABOUT HEALTH CARE

>> Learn more

Your Home Page

Here's what you'll see at-a-glance inside your My Health Toolkit account:

- Your insurance card number
 - Who is covered by your health plan
 - Your deductible and out-of-pocket spending
 - Recent claims activity
 - Quick links to the most popular resources
 - Ways to contact customer service
-

Wellness

Resources

Profile

Wellness Programs

▶ Personal Health Record

▶ Essential Advocate

▶ Rally

▶ Health Coaching

Wellness Tools

▶ Preventive Care Guidelines

▶ A Healthier You Newsletter

Wellness

Select the **Wellness** tab to:

- Take your health survey
 - View preventive care guidelines
-
- See the specific programs and services offered by your employer. For example, you might have access to a health coaching program.

Benefits

Wellness

Resources

Profile

Health

› [Authorization Status](#)

› [Claims Status](#)

› [Eligibility and Benefits](#)

› [ID Card Request](#)

› [Other Health Insurance](#)

Dental

› [Claims Status](#)


› [Eligibility and Benefits](#)


› [ID Card Request](#)

› [Other Dental Insurance](#)


› [Pre-Treatment Estimates](#)


Prescription Drugs

› [Coverage and Cost](#) 

› [Find a Pharmacy](#) 

› [Mail Service](#)

› [Plan Summary](#) 

› [Prescription History](#) 

Benefits

From the **Benefits** tab, you can:

- Request a new insurance card.
 - Check the status of a claim or a preauthorization request.
 - View the status of your insurance and the types of services covered.
- Add other health insurance, such as Medicare, to your record (if applicable).
 - Find information about your prescription drug benefits or dental benefits, if these are part of your BlueCross plan.
-

Resources

Profile

Shopping for Care

- ▶ Find a Doctor or Hospital
- ▶ Treatment Cost Estimator

Tools

- ▶ Blue CareOnDemand
- ▶ Plan Comparison Tool
- ▶ Rate Your Visit
- ▶ Take a Tour

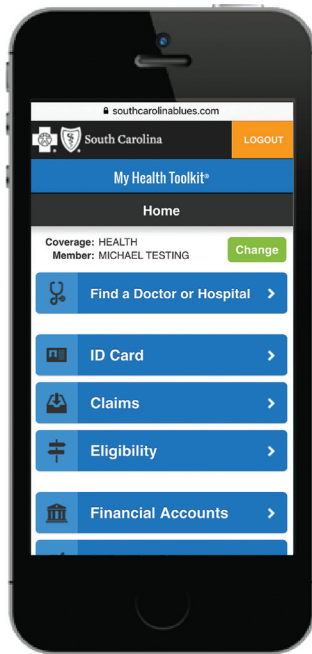
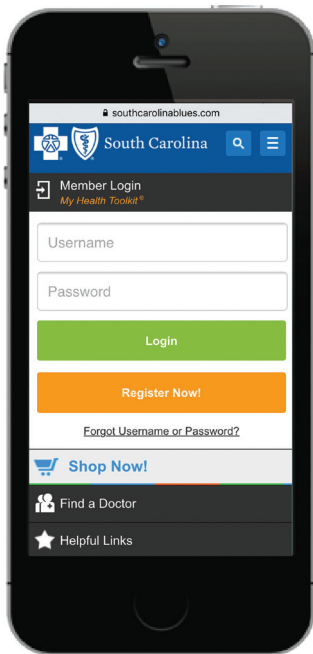
Member Discounts

- ▶ Cosmetic Discounts
- ▶ Fitness and Wellness
- ▶ Hearing and Vision
- ▶ Medical and Dental Tourism

Resources

From the **Resources** tab, you can:

- Find a doctor or hospital in your area.
 - Estimate and compare costs for health care.
- Rate your doctor's visit.
 - Check out special discounts on health and fitness products, hearing and vision services, cosmetic surgery and more.
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My Health Toolkit Mobile

Visit My Health Toolkit from your phone or tablet for quick access to:

- Your Member ID
 - Claims activity
 - Eligibility information
 - Authorizations status
 - And more!
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Stay connected on-the-go by signing up for BlueCross Member Messaging! To enroll in this free service, call 844-206-0623.



BlueCross BlueShield of South Carolina is an independent licensee of the Blue Cross and Blue Shield Association.